



Stony Brook
Medicine

GI Motility Department

Ambulatory Care Pavilion- Level 2

Address: 3 Edmund D. Pellegrino Road, Stony Brook NY

Our phone number is: 631-444-1759

Preparation for H. Pylori Breath Test: For Diagnosis

1. **2 weeks before the test:**

- Stop all Acid Blocking medicine (Prevacid, Prilosec, Nexium, Dexilant)
- Stop all Bismuth Compounds (Pepto-Bismol/Tritec)
- **Stop all antibiotics**

❖ You may continue taking Zantac, Tagamet, Pepcid and Axid up to 48 hours before test.

2. **1 hour before the test:**

Nothing to eat or drink

3. **On the DAY OF TEST:**

- ❖ Stop at Patient Registration on Level 2 before heading to the GI Motility Center located on the same level.
- ❖ **Please bring your prescription order form with you.**

4. Please be prepared to spend about 30 minutes in the Motility Center.

The solution you drink is Pranactin-Citric, containing Phenylalanine (one of the protein components of Aspartame).

➤ **If you have an allergy to Aspartame, you cannot have this test.**